



February

Welcome

2025

Life CHOICES
pregnancy & family resource center

Newsletter

EMPOWERING WOMEN. STRENGTHENING FAMILIES. SAVING LIVES.

A WORD FROM TERRI

A Year of Multiplication: Our Vision for 2025

As we step into 2025, I can't help but feel an overwhelming sense of expectation. Since stepping into the role of Executive Director, I've been praying over what God has for Life Choices this year, and I believe He has made it clear—this will be a year of multiplication.

Multiplication of hope.

Multiplication of life.

Multiplication of strong families.

God is growing this ministry in ways that only He can, and I am honored to be part of what He is doing.

One of the biggest areas of focus this year will be Fatherhood. The statistics are undeniable—if a father is a committed believer, there is a 90%+ chance that his children will follow in faith. That means if we want to see lasting change, if we want to strengthen families and impact generations, we must reach fathers.

So this year, we are committing to engaging, equipping, and empowering men—helping them step into their role as spiritual leaders, protectors, and providers. We will be expanding resources, creating more mentorship opportunities, and ensuring that when men walk through our doors, they know they have a place here. Because strong fathers build strong families, and strong families change everything.

We are also introducing our new Life Lamb program. This beautiful initiative officially launched in January, and we just gave out our very first Life Lamb! These heartbeat-recording lambs are given to women who come in for an ultrasound, allowing them to hear their baby's heartbeat and take it home as a tangible reminder of the life growing within them. 95% of undecided women choose life after seeing their baby on an ultrasound, and now, with this keepsake in their hands, that life-affirming moment continues beyond our walls. Thanks to the overwhelming generosity of our supporters, many Life Lambs have already been donated, and we are excited to see this program bless even more women in 2025.

And perhaps the most exciting milestone of all—we are opening Redeeming Life Maternity Home. For women with nowhere else to turn, this home will be a place of refuge, restoration, and hope. Director Kimberly Merriman will be on-site to help these women grow, heal, and prepare for their future. Redeeming Life will provide expectant mothers with the support they need to build stability, find hope, and embrace the future God has for them. This has been a long-time prayer, and in 2025, it will become a reality.

This year, we are believing for more. More lives saved. More families strengthened. More men stepping into their God-given roles as fathers.

But none of this is possible without you.

Your prayers, your generosity, and your faithfulness are the reason this ministry continues to grow. God is moving, and I am grateful beyond words to be walking into 2025 with this incredible Life Choices family.

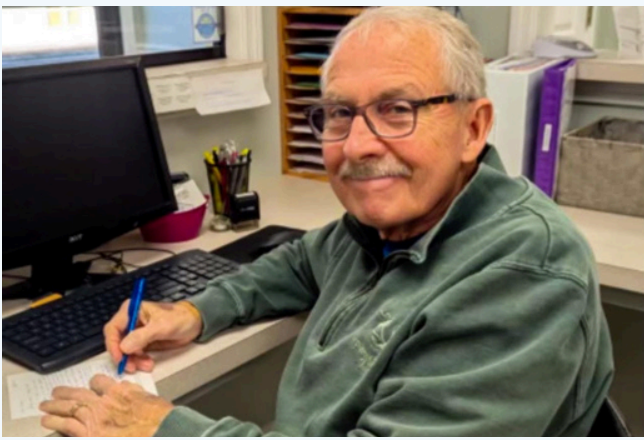
Thank you for believing in this mission. Thank you for standing with us. I can't wait to see what God does next!

– Terri



Terri Bryan

Executive Director



LIFE CHOICES VOLUNTEER CORNER

At Life Choices, we are constantly inspired by the selfless hearts of our volunteers. Today, we want to highlight Ed, one of our dedicated male advocates in Franklin County, who has gone above and beyond to show care and encouragement.

One of our male clients is currently in Army boot camp, and Ed took it upon himself to write him a letter of support. His wife, who came in for her lesson today, shared his address with us, allowing Ed to reach out with words of encouragement and prayer.

This is what our mission is all about—serving families with love and compassion, whether they're in our centers or miles away.

We're so grateful for the caring hearts of volunteers like Ed, who reflect Christ's love in action every day.



CLIENTS TESTIMONY: A LIFE SAVED

May walked into Life Choices uncertain about her pregnancy, carrying the weight of past trauma. At just 11 years old, she had been forced into an abortion overseas. This was her first pregnancy since that heartbreaking experience. A free ultrasound changed everything. Seeing her baby's heartbeat brought a shift—from fear to hope. She smiled, realizing she was truly going to be a mother. She left with fetal development education, abortion healing resources, and encouragement for the journey ahead. Later, she shared, "My appointment was so helpful—it answered questions I didn't even know I had." Because of your support, women like May find hope, healing, and the courage to choose life. Will you help more women receive life-affirming support?



LIFE LAMB UPDATE

Thanks to your generosity, 124 Life Lambs have been funded—exceeding our goal in ways only God can! At our recent stuffing party, 72 lambs were prepared, ready to bless the women and families we serve.

A special thank-you to Donna Flatt for hosting our first Stuffing Party—it was a wonderful time of fellowship and giving!

We are so grateful for everyone who gave, prayed, and joined us in this effort. You are making a difference!

It's not too late to sponsor a Life Lamb and bless even more families.

Donate today: [[GiveLifeTN.org](https://www.givelifeTN.org) - select "Life Lambs"]

CORPORATE SPONSORSHIP

At Life Choices, our Corporate Sponsors play a vital role in restoring families, saving lives, and bringing hope to our community. Your support allows us to offer free pregnancy services, parenting education, and life-affirming resources to women and families in need.

By fully funding our Annual Gala, our sponsors ensure that 100% of donations raised that night go directly to serving those who need it most. Because of you, babies are given a chance at life, mothers find hope, and families are strengthened for generations to come.

Will your business stand with us in 2025? Or do you know of a business who would like to stand with us? Sponsorship opportunities are now open, and together, we can make an impact that lasts a lifetime.

✉ To learn more, contact us at

Info@lifechoicestn.org or visit our website.



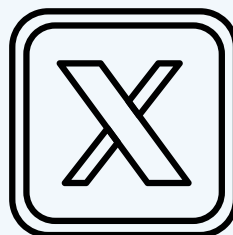
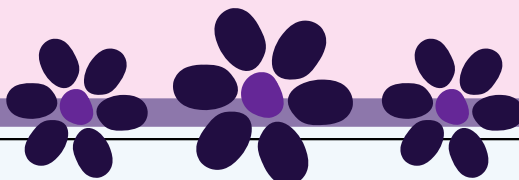
A ROADMAP FOR REDEEMING LIFE: LESSONS FROM THE FOUNDATION HOUSE

Last week, Executive Director Terri Bryan and RLMH Director Kimberly Merriman embarked on a road trip to Chattanooga to visit The Foundation House Ministries, a maternity home dedicated to supporting vulnerable mothers. Their visit was more than just a tour—it was a powerful opportunity to learn from those who have walked this path before.

During their time at The Foundation House, Executive Director Suzanne Burns shared invaluable wisdom about the realities of running a maternity home. She spoke candidly about the challenges, victories, and the life-changing impact of providing a safe, loving space for women in crisis pregnancies. Her insights and encouragement were a blessing, reinforcing the importance of the work ahead.

As we move forward with Redeeming Life Maternity Home, we are continually reminded that this mission is God-led. Doors are opening, and we are stepping forward in faith, trusting Him to provide every resource and opportunity needed to serve these women and their babies.

We ask for your prayers as we continue this journey. Your support—whether through prayer, giving, or simply sharing our vision—makes a lasting impact. Stay updated at EveryLifeMattersTN.org.





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