Life CHOICES
pregnancy + family resource center

Dear Life Choices Champions,



What a year it has been! As we reflect on all that has taken place, we are reminded of God's faithfulness. We have witnessed lives transformed, hearts turned towards the Lord, and families receive help and find hope during difficult circumstances. We are deeply grateful for the important part you have played in making this work possible.

Throughout Franklin, Coffee, and Grundy Counties, we have had the privilege of walking alongside individuals and families during life's most challenging seasons. Your support has helped provide encouragement, practical assistance, and a place where those who are facing difficult circumstances can find hope. Your continued support is what allows us to grow. We truly could not do this work without you!

Your Gift Makes a Difference!

As we look ahead to the coming year, your generosity will help us continue to expand our reach and provide life changing support to women, men, and families in our community. Your gift will help us:

-Expand Trauma Recovery Services and Add Additional Group Programs

-Increase Access to Free Sonogram Servies

-Serve Women Facing Unexpected Pregnancies

-Equip Men to Become Engaged Fathers and Strengthen Their Families

-Raise Awareness Through More Engagement

-Serve More Clients Referred Through Court Systems

-Share the Hope of the Gospel Through Compassion, Truth, and Love

We invite you to prayerfully consider making a special year end gift to help continue this mission. Your generosity makes it possible for us to offer practical support, life affirming resources, and lasting hope for those who need it most.

Impact Report:

Total Client Visits: 3,354
Prayer with Clients: 2,250+
Outreach Classes for Men & Fathers: 100+
Baby Boutique Items: 9,500+

Trauma Reboot Classes:150+
Sonograms: 116
Pregnancy Tests: 113
Decisions for Christ:12

A Year of Lives Transformed



We had the opportunity to assist a young mother with a three month old baby. She initially came to us seeking practical aid and she wanted to take part in the parenting classes we offer. From the beginning, she shared that faith was not something in which she was interested. However, through the love, encouragement, and support she received, her heart began to change. She made a profession of faith and has continued to walk with the Lord! It is such a gift to walk alongside her and see that transformation.

We began working with a mother several years ago. Over the years she has continued to come to us to receive parenting support. Eventually her adult daughter started coming for classes as well. Earlier this year the family was walking through difficult circumstances. The daughter encouraged the father of the family to come to Life Choices believing it would help him. He came with his wife and together they both prayed to receive salvation that day! Since then, he has continued to attend Bible studies and fatherhood classes. His life has been transformed, and he is now sharing his faith with friends and family. To God be the glory!

A client started coming to Life Choices to take our Anger Management program on his own. He knew he needed help. What he did not know was that there was much more than anger that the Lord wanted to help him with. What started out as an Anger Management Program request turned into Fatherhood classes, Marriage Enrichment Program, and a marriage and family restored. This client was able to work with our male client advocates to learn about areas of his life that the Lord wanted to heal so he could be a better follower of Jesus, husband, and father. This client was brave enough to admit he needed help and courageous enough to walk through the fire and do the work with the Lord even when it looked like everything was falling apart.

New Programs Strengthening Families:



Because of your generosity, we have been able to continue to grow our programs and expand the support available to families facing difficult circumstances. This year we have been able to:

Expand Trauma Reboot- Offering opportunities for deep healing, freedom, and restoration from past wounds and trauma.

Growing Client Services- Making Anger Management and Marriage Classes accessible across all three counties.

Invest in Stronger Families- Through Parenting Classes, Fatherhood mentoring, and intentional support.

Strengthen Community Partnerships- We have partnered with each counties' courts, creating pathways for individuals and families to receive continued support.

How to Give

Visit GiveLifeTN.org and donate directly online. You can also mail your check to "Life Choices" at PO Box 1071, Manchester, TN 37349. Please make sure to select "2026 Year End Appeal" or write it on your check. Every gift no matter the size makes an immediate, life changing impact.

Thank you for believing in this mission. We have a praise report, we have officially paid off our Franklin County location, and we are seeking the Lord's guidance regarding expanding our Coffee County location. Thank you for walking alongside us as we save lives, strengthen families, and change generations.

With heartfelt gratitude,

Terri Bryan
Executive Director
Life Choices Pregnancy & Family Resource Center